

# Herbs Thru Thyme



*The Colonial Triangle Unit of Virginia*  
invites you to join us Sept. 23 and 24 for the  
**Mid-Atlantic Gathering of the Herb Society of America**  
in historic Williamsburg, VA

If you haven't visited recently, you'll find several new attractions that employ traditional colonial herbs in a modern way.

Craft beer establishments use hops to brew interesting new craft beers, a new winery makes mead using honey infused with different herbs, and a large lavender farm offers a selection of lavender products, and a spring lavender festival.

The Williamsburg Botanical Garden showcases plants that support Pollinators and wildlife in a beautiful setting.

Speakers for the District Gathering will discuss both contemporary and traditional uses of herbs, using such topics as:

- Colonial Use of Herbs
- The Use of Herbs/Plants in Native America
- The Potent Potager: Reaping Herbal Health Rewards

We hope you'll join us in the Colonial Triangle September 23<sup>rd</sup> and 24<sup>th</sup> as we consider some historical and some contemporary uses of herbs!

# Schedule

Friday, Sept. 23

## Check-in

**3:00 – 4:45 PM** Lobby of Hilton Garden Inn, 1624 Richmond Road, Williamsburg, VA 23185

**5:00 - 6:00 PM** Williamsburg Community Building, 401 N. Boundary Street, Williamsburg VA 23185

## Friday Night Welcoming Reception

**5 - 7 PM** Please join us for a Picnic in the Pavilion with Pansies at the Williamsburg Community Building, 401 N. Boundary Street, Williamsburg, VA 23185. A parking garage is located adjacent to the building, and handicap parking is available.

Saturday, Sept. 24

## District Gathering

Kaplan Hall. St. Bede Catholic Church, 3686 Ironbound Rd., Williamsburg 23188. Parking is adjacent to the church, and handicap parking is available. Drivers also are allowed to drop off visitors in front of the building.

**8:00 - 8:30 AM** Vendor set up

**8:30 - 9:00 AM** Check-in, shopping and gather for light refreshments

**9:00 - 10:45 AM** Business meeting

**10:45 - 11:00** Break and shopping

**11- 12:00 AM** Laura Viancour will present “Colonial Uses of Herbs” Laura is the Horticulture Education Manager, Landscape Services Colonial Williamsburg Foundation. Laura has worked with the Foundation over 40 years. With a degree in Horticulture and Forestry, Laura has coordinated many programs and Garden Symposiums.

**12:00 - 1:00 PM** Lunch. Buffet with Vegetarian options

**1:00 - 1:30 PM** Visit vendors and raffle table.

**1:30 - 2:15 PM** Leah Stricker, Curator, Jamestown Rediscovery, Jamestown Island, will speak to us about “The Use of Herbs/Plants in Native America”.

Leah holds a Master of Science degree in Archaeobotany.

2:15 – 2:30 Break and shopping

2:30 - 3:30 PM Kerry Messer, owner of Sweethaven Lavender Farm, will give us a talk entitled “The Potent Potager: Reaping Herbal Health Benefits” She will explain simple ways our members can glean these perks from their home gardens. She will then move on to how Sweethaven takes it a step further through formulating for the maximum usefulness of herbal blends in their culinary and skincare lines.

3:30 - 4:15 PM Raffle and wrap up

4:15 – 5:00 Clean up

## Activities

Friday, Sept. 23

3:30 - 4:30 PM A Guided Tree Walk through the recently upgraded Arboretum Level Two in Colonial Williamsburg. Donations will be collected as tour starts.

Sunday, Sept. 24

**9 AM Williamsburg Botanical Garden Tour**

Tour will be led by Dr. Donna Ware, College of William and Mary Research Associate Professor of Biology, who will give an overview of the garden and many of the various plantings.

**For questions about the schedule and activities, please contact:**

Mary Ann Kimminau 757-876-6366 or [Kimminau@verizon.net](mailto:Kimminau@verizon.net)

Mandy Baldrige 757-645-4039 or [mjbaldrige@cox.net](mailto:mjbaldrige@cox.net)



Herb of the Year 2022

Viola Violet, Pansy, Heartsease, et al

**The Colonial Triangle of Virginia Unit  
The Herb Society of America**

# Registration Form

Name\_\_\_\_\_

Address\_\_\_\_\_

Home Phone\_\_\_\_\_Cell Phone\_\_\_\_\_

Email Address\_\_\_\_\_

Unit/MAL Affiliation\_\_\_\_\_

Name of Guest for Friday Reception\_\_\_\_\_

## *Weekend Activities*

(Please designate attendance for Friday only or for Friday and Sunday)

\_\_\_Friday 5 to 7 PM A Picnic in the Pavilion with Pansies. Williamsburg Community Center.

\_\_\_Friday 3 to 4:30 PM A Guided Walk through the Arboretum Level Two in Colonial Williamsburg (first 20-25 preference given to HSA members)

\_\_\_Sunday 9 AM Williamsburg Botanical Garden Tour.

Checks made out to: HSA The Colonial Triangle of Virginia Unit

Mail Registration to: Joanne Montowski c/o HSA Philadelphia Unit

PO Box 273, Chester Springs, PA 19425 Attn: 2022 MAD Gathering

The registration fee is \$100.00 for the weekend.

The fee for Friday only is \$20.

**Upon receiving your registration, a packet suggesting fun things to do in Williamsburg and surroundings will be sent to you.**

**Reminder: Deadline for registering is Aug. 22, 2022 (No On-site Registration)**

**\*\*\*\*PLEASE BRING BADGE HOLDERS\*\*\*\***

**Cancellation Policy:** Registration cancellation requests for The Herb Society of America District Meeting must be in writing and received by **Mary Ann Kimminau** 30 days before the event to be eligible to receive a 100% refund of registration fees. Cancellations received 14 to 29 days prior to the event are eligible to receive a 50% refund of registration fees. Cancellations received less than 14 days prior to event date are not eligible for refund. Mary Ann's address is 10 Berkshire Rd., Williamsburg, VA 23188.

Email: [Kimminau@verizon.net](mailto:Kimminau@verizon.net)

Suggestion :

PLEASE plan to avoid Washington DC and Richmond during customary business rush hour times. If travelling along I-95 on Friday, we encourage you to plan to be south of Washington DC **by 2 PM.**

## Hotel Information and Reservations

**Williamsburg Hilton Garden Inn**, 1624 Richmond Road,  
Williamsburg, VA 23185

Please use local number 757-253-9400

Rates are 2 Queen Beds \$155.00 plus tax/night or 1 King bed \$145.00 plus  
tax/night. (Breakfast included.)

Code is HERBSO

**\*\*\*Hotel booking deadline is August 24, 2022\*\*\***

