



The Herb Society of America Promising Plants Profiles

Cymbopogon flexuosus

Genus: *Cymbopogon*

Specific Epithet: *flexuosus*

Common Name: East Indian lemon grass

Family: Poaceae

Flower Color: green

Form: perennial

Hardiness Zone: 10-11 (root hardy to 9)

Height: 3'

Width: 2-3'

Soil: well-drained soil

Sun: full sun

Uses: culinary, medicinal, economic



“Source of lemon grass oil used to flavor teas, ice cream, candy, pastries, desserts and chewing gum. Also used in cosmetics and perfumes. Quick-growing clumps. Can be used instead of the classic lemon grass (Thai) in culinary dishes.”

– Scott Kresge, Promising Plants Presentation, 2002

Photo by Scott Kresge

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